

1 | **Seat Height Adjustment (Seat Right, Back)**
When standing, lift paddle lever until seat is at desired height. To reduce height, lift lever while seated.



2 | **Backrest Tilt Angle Adjustment (Seat Left, Front)**
While seated, twist lever backwards and apply slight pressure to backrest. To lock tilt position, twist lever forwards.



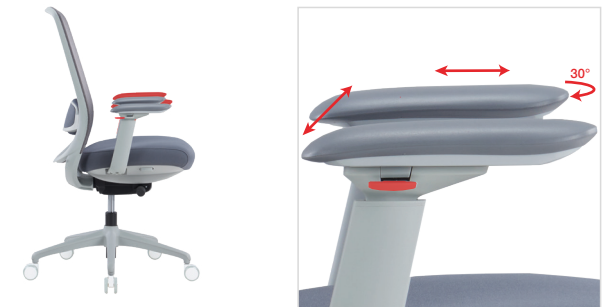
4 | **Seat Depth Adjustment (Seat Right, Underside)**
While seated, push button in and apply forwards or backwards momentum to the seat. To lock position, release button.



5 | **Lumbar Height Adjustment**
Manually position the lumbar support by sliding the support pad up and down the integrated track.



6 | **4D Arm Adjustment (Optional - Arm Outer)**
While seated, adjust arm height by pressing toggle button on the side of the arm support. The depth, width and rotational angle are adjusted manually by applying slight pressure to the support pad.



The Solo Task Chair is now fully operational

For any further assistance or clarification, please contact sales on +44 (0) 1405 746000